

Example Initial Health Plan for Asylum Seeking Young Person

Health Issues	Action required	By when (date)	Named person responsible
Incomplete or unknown immunisations	Refer all young people with unknown immunisations to GP for 'catch up' course as recommended by Public Health England: 1st dT/IPV + MMR + Men ACWY 4 week gap 2nd dT/IPV + MMR 4 week gap dT/IPV HPV course		Assessing clinician GP SW and Placement to facilitate
At risk of blood borne infections	Obtain signed consent with interpreter so that it is clear young person understands what tests are being requested Arrange blood testing as soon as possible for HIV, Hepatitis B, C and Syphilis		Assessing clinician
TB Screening (NB If there are concerns regarding acute TB make immediate referral to TB clinic)	Obtain signed consent with interpreter so that it is clear young person understands what test is being requested Arrange T spot / IGRA testing Interferon gamma release assay		Assessing clinician
At risk other infectious diseases, worms and malnutrition	Arrange baseline bloods: Full Blood count, U&E; bone and renal profile; vitamin D; ferritin Urine MC&S Stool OCP		Assessing clinician
Sexual health concerns	Referral to the Sexual Health specialist service Screening to be completed for STI's		Assessing clinician GP SW and Placement to facilitate
Visual problems and/or Visual check-up not recently completed	Visual assessment by optician required		Assessing clinician GP SW and Placement to facilitate

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Concerns regarding hearing	Audiology screening needed		SW and Placement to facilitate
Dental decay and/or Dental check-up needed	Dental assessment to be arranged – to be supported to register with dentist asap		SW and Placement to facilitate
Experiencing significant symptoms of Post trauma stress and/or depression	Referral to CAMHS or other appropriate specialist emotional health support service eg. Anchor		Assessing clinician GP SW and Placement
History of likely torture and is experiencing related difficulties	Referral to specialist services such as Freedom from Torture		Assessing clinician GP SW and Placement
Young person would like support in tracing their family	Referral to Red Cross family tracing Social worker to liaise with young person and refer to Red Cross family tracing History		SW and Placement
History suggestive of being trafficked and at risk of exploitation	Referral to support services such as Refugee Council Trafficked girls or boys projects or similar Social worker to liaise with young person and refer to Refugee Council Trafficked projects or similar		SW and Placement